

# Ebrington Arms

## What can I eat that is gluten free?

(Please inform the waitress that you wish your dish to be prepared gluten free)

### Starters

**Soup of the Day** (ask for gluten free bread)

**Fan of Melon with Berries and Ginger**

**Selection of Hebridean Smoked Salmon**

With Lime and Dill Mayonnaise (ask for gluten free bread)

**Prawns in Marie Rose Sauce** (ask for gluten free bread)

**Button Mushrooms in Garlic and Parsley Butter**

(ask for gluten free bread)

**Giant Tiger Prawns Sautéed with Garlic and White Wine**

(ask for gluten free bread)

**Warm Salad of Mushrooms and Bacon**

With Toasted Pine Nuts and Honey Mustard Dressing

**V Mexican Nibbles and Dips £5.50**

Guacamole, Sour Cream dip, Cheese and Salsa Topped Tortilla Chips

(without breaded stuffed jalapeno pepper)

**Pigeon Breast with Grapes**

On Mixed Salad Leaves with a Balsamic Sweet and Sour Sauce

(ask for gluten free bread)

### Main Course

**Whole Trout Grilled with Mixed Herbs and Lemon**

**Scottish Salmon Fillet**

**Tender Pieces of Mutton Leg** Cooked in Red Wine with Herbs and Spices

**Pork Loin Steak Cooked with Apricots, Cinnamon, Honey and Thyme**

In a Wine and Cream Sauce

**Chargrilled Cajun Chicken Breast**

**Breast of Chicken in a White Wine and Stilton Sauce**

**Asian Spiced Chicken** Cooked in Wine and Cream ~ Served with Rice

**Roast Duckling in Orange Sauce**

**(Vegan) Bean and Vegetable Chilli with Rice and (-Cheese) Nacho's**

**Lincolnshire Steaks**

(From Handsons Butchers ~ Mareham Le Fen)

**8oz Fillet Steak, 8oz Sirloin Steak, 8oz Rump Steak, 10oz Rib Eye Steak**

All Served with Mushrooms and Tomato (ask for no onion rings)

**8oz Gammon Steak**

Topped with Pineapple or Free Range Egg

**Surf and Turf**

**8oz Fillet with Grilled Tiger Prawns, Mushrooms and Tomato**

**8oz Homemade Steak Burger Topped with Extra Mature Cheddar or Stilton**

**Cheese Served with Chips (ask for gluten free bun and no onion rings)**

**Side Orders**

Pepper or Stilton Sauce (ask for gluten free), House Salad ~ Mushrooms