

EBRINGTON ARMS GLUTEN FREE MENU

(Please inform the waitress that you wish your dish to be prepared gluten free)

Starters

Bowl of Olives £3.95

V Soup of the Day (ask for gluten free bread) £5.95

Selection of Hebridean Smoked Salmon £7.95

With Lime and Dill Mayonnaise (ask for gluten free bread)

Prawns in Marie Rose Sauce £6.95

On a Bed of Lemon Dressed Iceberg Lettuce

Giant Tiger Prawns Sautéed with Garlic and White Wine £7.95

(ask for gluten free bread)

Warm Salad of Mushrooms and Bacon £6.95

With Toasted Pine Nuts and Honey and Mustard Dressing

Main Course

Scottish Salmon Fillet £14.50

With Hollandaise Sauce

Tender Pieces of Lamb Leg £15.95

Cooked in Red Wine with Herbs and Spices

Breast of Chicken in a White Wine and Stilton Cream Sauce £13.95

Char Grilled Cajun Spiced Chicken Breast (HOT) £12.95

Asian Spiced Chicken (Medium) £13.95

Chicken Marinated in Asian Spices Cooked in Wine and Cream ~ Served with Rice and Peas

8oz Fillet Steak, Tomato, Mushrooms £24.95

8oz Sirloin Steak, Tomato, Mushrooms £19.95

Ebrington Grill £19.95

Rump Steak, Pork Steak, Gammon Steak, Lamb Chop, Tomato and Mushrooms, Topped with a Free-Range Egg

10oz Gammon Steak Topped with Pineapple and Free-Range Egg £13.50

ALL SERVED WITH: Chips and Peas, Rice and Peas or Potatoes and Vegetables

8oz Homemade Steak Burger with Topped with Cheddar or Stilton Cheese £13.95

With Chips

Ranch Burger with Cheese, Bacon and Barbeque Sauce and Chips £14.95

V (Vegan) Bean and Vegetable Chilli £11.95

Served with (Cheese) Nacho's, Guacamole and Rice

SIDE ORDERS

Vegetable Platter £2.50

Pepper or Stilton Sauce £3.50

House Salad £2.50

Please Note: We cook non-gluten free food items in our fryers and therefore cannot 100% guarantee that our chips are gluten free