

EBRINGTON ARMS GLUTEN FREE MENU

(Please inform the waitress that you wish your dish to be prepared gluten free)

Starters

Bowl of Olives £4.95

V Soup of the Day (ask for gluten free bread) £5.95

Selection of Hebridean Smoked Salmon £7.95

With Lime and Dill Mayonnaise (ask for gluten free bread)

Prawns in Marie Rose Sauce £6.95

On a Bed of Lemon Dressed Iceberg Lettuce

Giant Tiger Prawns Sautéed with Garlic and White Wine £8.50

(ask for gluten free bread)

Warm Salad of Mushrooms and Bacon £6.95

With Toasted Pine Nuts and Honey and Mustard Dressing

Main Course

Scottish Salmon Fillet £14.95

Tender Pieces of Lamb Leg £16.95

Cooked in Red Wine with Herbs and Spices

Breast of Chicken in a White Wine and Stilton Cream Sauce £14.95

Char Grilled Cajun Spiced Chicken Breast (HOT) £14.95

Asian Spiced Chicken (Medium) £14.50

Chicken Marinated in Asian Spices Cooked in Wine and Cream ~ Served with Rice and Peas

8oz Fillet Steak, Tomato, Mushrooms £25.95

8oz Sirloin Steak, Tomato, Mushrooms £20.95

8oz Gammon Steak Topped with Free-Range Egg £14.50

ALL SERVED WITH: Rice and Peas or New or Mashed Potatoes and Vegetables

V (Vegan) Bean and Vegetable Chilli £13.95

Served with (Cheese) Nacho's, Guacamole and Rice

V (Vegan) Penang Vegetable Curry £12.95

Served with Rice

SIDE ORDERS

Vegetable Platter £3.00

Pepper or Stilton Sauce £3.50

Mushrooms £3.50

House Salad £2.50